



Dear Parent or Guardian,

Carter BloodCare will hold an upcoming blood drive at your child's school. We are sending this letter to inform you and to provide general information regarding the blood drive.

As you may know, high school blood drives help to develop student leaders and give many their first taste of civic involvement. Additionally, students often want to donate blood because it gives them an unmatched sense of accomplishment – they've helped save a life! Some of today's most dedicated blood donors began giving blood in high school.

Since blood transfusion is an essential part of medical care, we are excited about partnering with our community to ensure blood availability for patients in more than 200 hospitals and healthcare facilities across North, Central and East Texas.

Here are a few reminders for your child who wants to give blood:

- Donors must be at least 17 years old (or 16 years old with parental consent) to donate.
- Weigh at least 110 pounds and be in good general health.
- Must bring a photo ID.
- Students with a tattoo or body piercing can donate blood if the procedure was performed in a licensed Texas facility. No wait time is required.
- Please make sure your child eats a good meal and drinks plenty of fluids prior to and after their donation. Carter BloodCare offers fluids and snacks before and after the donation.
- Avoid strenuous activity for at least 24 hours after donating.

Carter BloodCare is committed to helping donors have the best possible experience while participating in this valuable community service. After the donation, if you or your child have any medical questions, please contact our Donor Advocate Department:

Donor Advocate on-call: **817-343-2569**

Donor Advocate e-mail: **DonorAdvocate@CarterBloodCare.org**

Thank you for reviewing this information and for supporting your child's desire to be part of a life-changing experience for donors and the patients who benefit from their donations.

Sincerely,

Your Carter BloodCare Team